

	MON	TUE	WED	THUR	FRI	SAT
6AM	BILLIARDS	BILLIARDS	BILLIARDS	BILLIARDS	BILLIARDS	
7AM	SPIN		SPIN		SPIN	
8AM	PILATES, WATER WORKS(8:05AM)	PED FOR PARKINSON'S SPIN, WATER WORKS(8:05AM), STRENGTH CIRCUIT(8:15AM)	PILATES YOGA BLEND, WATER WORKS(8:05AM)	PED FOR PARKINSON'S SPIN, WATER WORKS(8:05AM), STRENGTH CIRCUIT(8:15AM)	YOGA, WATER WORKS(8:05AM)	BILLIARDS, PICKLEBALL - ALL LEVELS
9AM	ENHANCE FITNESS, WATER WORKS(9:05AM)	WATER WORKS(9:05AM) ZUMBA GOLD(9:15AM)	ENHANCE FITNESS, WATER WORKS(9:05AM)	WATER WORKS(9:05AM) CYCLE CORE(9:15AM)	ENHANCE FITNESS, WATER WORKS(9:05AM)	
10AM	TABLE TENNIS, CHAIR EXERCISE(10:15AM), PWR! MOVES CIRCUIT(10:15AM)	PWR! MOVES CHAIR, WATER WORKS(10:05AM) S3: SPIN, STRENGTH, & STRETCH(10:15AM)	CHAIR EXERCISE(10:15AM) PWR! MOVES CIRCUIT(10:15AM)	PWR! MOVES CHAIR, WATER WORKS(10:05AM) YOGA STRETCH(10:15AM)	TABLE TENNIS, PED FOR PARKINSON'S SPIN (10:10AM) ZUMBA GOLD(10:15AM) CHAIR EXERCISE(10:15AM)	
11AM	PICKLEBALL ALL LEVELS(11:15AM)	ARTHRITIS EXERCISE, PICKLEBALL - INT(11:15AM)	DRUMLINE(11:15AM) VOCALIZE(11:15AM) PICKLEBALL - ALL PLAY(11:15AM)	ARTHRITIS EXERCISE, PICKLEBALL - ALL LEVELS(11:15AM)	PWR! MOVES CIRCUIT(11:15AM)	
12PM	CHAIR YOGA, PICKLEBALL - BEG/NOV LESSONS(12:45PM)	YOGA BASICS	MOVING WITH PARKINSON'S(12:15PM) PICKLEBALL - BEG/NOV(12:45PM)	YOGA BASICS	PICKLEBALL - BEG/NOV(12:15PM), MOVING WITH PARKINSON'S(12:15PM)	
1PM	CHAIR YOGA, WATER WORKS(1:05PM)	DRUM LINE, WATER WORKS(1:05PM) PICKLEBALL -WOMEN'S PLAY(1:30PM)	WATER WORKS(1:05PM) TABLE TENNIS(1:15PM) PICKLEBALL - ALL LEVELS(1:45PM)	CHAIR YOGA, PICKLEBALL - INT, WATER WORKS(1:05PM)	DRUM LINE, PICKLEBALL - ADV (1:30PM)	
2PM	AQUA COMBO(2:05PM) PICKLEBALL - INT/ADV(2:30PM)	AQUA ARTHRITIS(2:05PM), CORE & MORE(2:15PM), CORNHOLE (2:30PM)		CHAIR YOGA, AQUA ARTHRITIS(2:05PM), CORNHOLE (2:30PM)		
3PM		PICKLEBALL - INT/ADV		PICKLEBALL - INT/ADV, SIMPLY STRETCH(3:15PM)	PICKLEBALL - INT	
4PM	PICKLEBALL -ADV					
5PM	PICKLEBALL - ALL LEVELS(5:30PM)					