



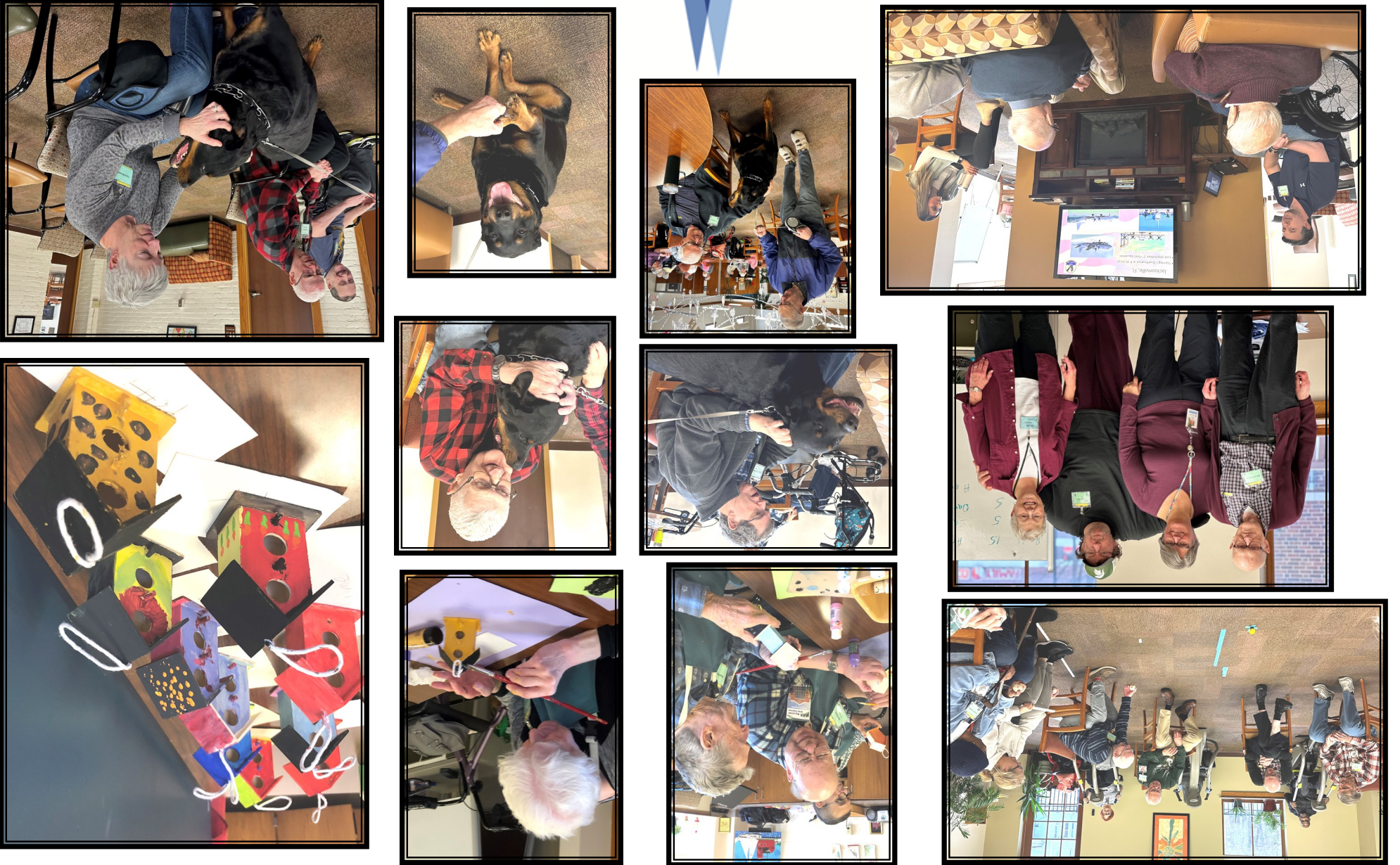
Mon	Tue	Wed	Thu	Fri	
				<div style="border: 1px solid black; padding: 5px; text-align: center;"> <b>Belton Hearing Clinic</b>                      Tuesday, April 16th                      from 1-2:30 p.m.                 </div> 	<p><b>1</b></p> <p>9:30 Exercise (SR), Today's History &amp; News (CL), March Trivia (AR)</p> <p>10:15 The Peace Corps (LF), Name 5 (SR), Uno (DR)</p> <p>11:00 Music w/Marv L (AR/MR), Beach Ball Kick (SR)</p> <p>11:45 Lunch: Sliced Ham &amp; Sweet Potatoes</p> <p>12:45 Exercise (SR), IN2L: Visit a Country (CL), Battle of the Sexes (LS)</p> <p>1:30 Bizarre Facts Quiz (LD), Apples to Apples (AR), What Would You Do? (DR)</p> <p>2:15 Streaming Videos (CL), Axe Throwing (SR), Word Flip (LS)</p> <p>3:00 Table Games</p>
<p><b>4</b></p> <p>9:30 Exercise (SR), Today's History &amp; News (CL), Bell Choir w/Debra (AR)</p> <p>10:15 Bunco (AR), Tri-Bond (DR), For the Love of Pets (LF)</p> <p>11:00 Pop, Country &amp; Classic Rock (MR), Golf Putting (SR), IN2L: New Trivia (CL)</p> <p>11:45 Lunch: Chicken Cavatappi</p> <p>12:45 Exercise (SR), Shake Awake Your Taste (LS), Spot It (MR)</p> <p>1:30 Art w/Sandie (AR), Game of THINGS (DR), Life is a Highway (LF)</p> <p>2:15 Streaming Videos (CL), Balloon Swat (SR), I Hear Memories (LS)</p> <p>3:00 Table Games</p>	<p><b>5</b></p> <p>9:30 Exercise (SR), Today's History &amp; News (CL), Brain Drain (LS)</p> <p>10:15 History of Hymns w/Julie (LF), Pampering &amp; Nail Care w/Laura (MR), Toss Up Dice (DR)</p> <p>11:00 Bible Study w/Abby (AR), Paint Brush Toss (SR), PAINT Categories (LS)</p> <p>11:45 Lunch: Chili &amp; Crackers</p> <p>12:45 Exercise (SR), Jr. Trivia (CL), Michelangelo (LF)</p> <p>1:30 BINGO (AR/MR), Rick Steve's Travel (CL)</p> <p>2:15 Streaming Videos (CL), Paint Bottle Ring Toss (SR), Anybody's Guess (LS)</p> <p>3:00 Table Games</p>	<p><b>6</b></p> <p>9:30 Exercise (SR), Today's History &amp; News (CL), Banagrams (AR)</p> <p>10:15 Group Points Game (MR), Famous Marching Bands (LF), Wacky Wordies (DR)</p> <p>11:00 Concentration (AR), Name That Tune (CL), Large Group Yahtzee (SR)</p> <p>11:45 Lunch: Garlic &amp; Herb Ti-lapia w/Parsley Noodles</p> <p>12:45 Exercise (SR), IN2L: Piggy Bankers (CL), Pictionary (LS)</p> <p>1:30 Music w/Gloria VH (AR/MR), Puzzles &amp; Coloring Pages (LD)</p> <p>2:15 Streaming Videos (CL), Strum the Note (SR), Password (LS)</p> <p>3:00 Table Games</p>	<p><b>7</b></p> <p>9:30 Exercise (SR), Today's History &amp; News (CL), Oodles (LS)</p> <p>10:15 Music w/Bruce S (AR/MR), Mad for Plaid (LF)</p> <p>11:00 Music w/Bruce S (AR/MR), Yolf (SR)</p> <p>11:45 Lunch: BBQ Meatballs &amp; Rice</p> <p>12:45 Exercise (SR), Yarn Club w/Susan (LS), Farkle (AR)</p> <p>1:30 Blackjack w/Bob B (DR), Food History: Cereal (MR), PLAID Categories (LD)</p> <p>2:15 Streaming Videos (CL), Blackjack w/Bob B (DR), Cereal Toss (SR)</p> <p>3:00 Table Games</p>	<p><b>8</b></p> <p>9:30 Exercise (SR), Today's History &amp; News (CL), Dog Races (MR)</p> <p>10:15 Bible Study w/Carol B (AR), Word Challenge w/Julie (DR), The Stock Exchange Day (LF)</p> <p>11:00 Classwords (LS), Table Games w/Teresa (MR), Angry Bird Toss (SR)</p> <p>11:45 Lunch: Beef Stew</p> <p>12:45 Exercise (SR), Gaither Music Videos (LF), Dominoes (MR)</p> <p>1:30 PRIZE BINGO (AR/MR), IN2L: Animal Kingdom (CL)</p> <p>2:15 Streaming Videos (CL), Fifty Dice Game (LD), Flip Flop Faces (SR)</p> <p>3:00 Table Games</p>	
<p><b>11</b></p> <p>9:30 Exercise (SR), Today's History &amp; News (CL), Bell Choir w/Debra (MR)</p> <p>10:15 Mind Benders w/Lori (DR), Food History: Noodles (LF), Magazine Scavenger Hunt (AR)</p> <p>11:00 Noodle Hockey (SR), What Am I? (CL), # Game (MR)</p> <p>11:45 Lunch: Spaghetti &amp; Meat Sauce w/Garlic Bread</p> <p>12:45 Exercise (SR), Marching Music (LF), Uno (AR)</p> <p>1:30 PRIZE BINGO (AR/MR), Bizarre Facts Quiz (DR)</p> <p>2:15 Streaming Videos (CL), Axe Throwing (SR), Family Talk (LS)</p> <p>3:00 Table Games</p>	<p><b>12</b></p> <p>9:30 Exercise (SR), Today's History &amp; News (CL), Green Puzzles &amp; Trivia (AR)</p> <p>10:15 Wordle w/Julie (DR), All Things Irish (MR), Pot O'Gold Dice (LD)</p> <p>11:00 Prayer Circle w/Kendra (MR), Name 10 (LS), Bocce Ball (SR)</p> <p>11:45 Lunch: Scalloped Ham &amp; Potatoes</p> <p>12:45 Exercise (SR), Tover Tafel (DR), Irish Who/What Am I? (LS)</p> <p>1:30 Music w/the Eaddies (AR/MR), Google This (LF)</p> <p>2:15 Streaming Videos (CL), Rhyme Out (LS), Pot O' Gold Coin Toss (SR)</p> <p>3:00 Table Games</p>	<p><b>13</b></p> <p>9:30 Exercise (SR), Today's History &amp; News (CL), Guess the Animal (LS)</p> <p>10:15 Karaoke w/Julie (CL), Fuel Your Body (LF), One Minute Mysteries (AR)</p> <p>11:00 IN2L: Family Feud (CL), Travel Vatican City (MR), Veggie Toss (SR)</p> <p>11:45 Lunch: Swedish Meatballs &amp; Egg Noodles</p> <p>12:45 Exercise (SR), Art w/Sandie (AR), Farkle (LD)</p> <p>1:30 Art w/Sandie (AR), Word Challenge w/Julie (DR), K9 Veterans (LF)</p> <p>2:15 Streaming Videos (CL), Horse-shoes (SR), Dominoes (MR)</p> <p>3:00 Table Games</p>	<p><b>14</b></p> <p>9:30 Exercise (SR), Today's History &amp; News (CL), Pampering &amp; Nail Care w/Laura (LS)</p> <p>10:15 Managing Stress w/Kelci (LF), Piece of <math>\pi</math> Dice (AR), Music Madness (CL)</p> <p>11:00 Basketball (SR), Making of a Mascot (MR), Madness Mining (LS)</p> <p>11:45 Lunch: Chicken &amp; Gravy w/ Rice</p> <p>12:45 Exercise (SR), Word Puzzles &amp; Coloring w/Liz (AR), History of March Madness (LF)</p> <p>1:30 BINGO (DR), How It's Made Basketball (MR)</p> <p>2:15 Streaming Videos (CL), Hoops Away (SR), Sport Concentration (LD)</p> <p>3:00 Table Games</p>	<p><b>15</b></p> <p>9:30 Exercise (SR), Today's History &amp; News (CL), Brain Drain (LS)</p> <p>10:15 For Get It Dice (DR), Bible Study w/Carol B (AR), All About Buzzards (LF)</p> <p>11:00 Dutch Shuffleboard (SR), Banagrams (MR), Classic TV (CL)</p> <p>11:45 Lunch: Breaded Fish &amp; Baked Potato</p> <p>12:45 Exercise (SR), The Importance of Sleep (LF), Twenty Questions (MR)</p> <p>1:30 Piggy Bankers w/Julie (CL), Urban Myth (LS), Craft (AR)</p> <p>2:15 Streaming Videos (CL), Sensory Kits (MR), Lawn Darts (SR)</p> <p>3:00 Table Games</p>	
<p><b>18</b></p> <p>9:30 Exercise (SR), Today's History &amp; News (CL), Sharpen Your Senses (LS)</p> <p>10:15 Hula Hoop Dice (SR), 3's Low Dice (DR), History of the Telephone (LF)</p> <p>11:00 Music w/Marv L (AR/MR), How It's Made w/Debra (CL)</p> <p>11:45 Lunch: Stuffed Chicken &amp; Rice</p> <p>12:45 Exercise (SR), IN2L: Brain Fitness (CL), Funny Ads &amp; Bulletin Bloopers (LS)</p> <p>1:30 Set Card Game (AR), Random Trivia (DR), How It's Made w/Tony (LF)</p> <p>2:15 Streaming Videos (CL), Frog Pond (SR), Taboo (LS)</p> <p>3:00 Table Games</p>	<p><b>19</b></p> <p>9:30 Exercise (SR), Today's History &amp; News (CL), Stuck in the Mud Dice (LD)</p> <p>10:15 Music w/the Noteblenders (AR/MR), Spring Word Mining (DR)</p> <p>11:00 IN2L: Word Challenges (CL), Celebrate Spring (LF), Weather Toss (SR)</p> <p>11:45 Lunch: Macaroni &amp; Cheese</p> <p>12:45 Exercise (SR), Art w/Sandie (AR), IN2L: Farm &amp; Garden (CL)</p> <p>1:30 Art w/Sandie (AR), Beehive Dice (DR), Let's Talk: Cheese (LF)</p> <p>2:15 Streaming Videos (CL), Outburst Jr. (LS), Ladderball (SR)</p> <p>3:00 Table Games</p>	<p><b>20</b></p> <p>9:30 Exercise (SR), Today's History &amp; News (CL), Pampering &amp; Nail Care w/Laura (MR)</p> <p>10:15 TRASH Card Game (AR), History of Hymns w/Julie (LF), SMILE Categories (DR)</p> <p>11:00 Think Again Trivia (LS), Hello Happiness (MR), Smiley Toss (SR)</p> <p>11:45 Lunch: Sliced Turkey &amp; Cornbread Stuffing w/Gravy</p> <p>12:45 Exercise (SR), Yahtzee (AR), IN2L: National Parks (CL)</p> <p>1:30 BINGO (AR/MR), I Love Lucy (LF)</p> <p>2:15 Streaming Videos (CL), Dutch Shuffleboard (SR), What Would You Do? (LS)</p> <p>3:00 Table Games</p>	<p><b>21</b></p> <p>9:30 Exercise (SR), Today's History &amp; News (CL), Pictionary (AR)</p> <p>10:15 The Great Outdoors (LF), Dominoes (MR), IN2L: Animal Kingdom (CL)</p> <p>11:00 Bible Study w/Abby (AR), Food History: M&amp;M's (CL), Mini Golf (SR)</p> <p>11:45 Lunch: BBQ Chicken &amp; Roasted Red Potatoes</p> <p>12:45 Exercise (SR), Pop, Country &amp; Classic Rock (MR), IN2L: Trivia Games (CL)</p> <p>1:30 PRIZE BINGO (DR), Fact or Crap (AR)</p> <p>2:15 Streaming Videos (CL), Redwood Ring Toss (SR), PINES Categories (LS)</p> <p>3:00 Table Games</p>	<p><b>22</b></p> <p>9:30 Exercise (SR), Today's History &amp; News (CL), Life Stories (MR)</p> <p>10:15 Bible Study w/Carol B (AR), Word Challenge w/Julie (DR), IN2L: Basketball (SR)</p> <p>11:00 Basketball Toss (SR), Rhyme or Reason (LS), LRC (MR)</p> <p>11:45 Lunch: Walking Taco &amp; Mexican Rice</p> <p>12:45 Exercise (SR), Family Feud w/Teresa (CL), Magazine Scavenger Hunt (AR)</p> <p>1:30 Sing Along w/Karen H (MR), Don't Panic (LD)</p> <p>2:15 Streaming Videos (CL), Family Talk (LS), Ping Pong Bounce (SR)</p> <p>3:00 Table Games</p>	
<p><b>25</b></p> <p>9:30 Exercise (SR), Today's History &amp; News (CL), Junk Drawer Detective (AR)</p> <p>10:15 Random Trivia (DR), Travel Greece (LF), 6 Card Bingo (AR)</p> <p>11:00 Music w/Judy T (MR), Ping Pong Bounce (SR)</p> <p>11:45 Lunch: Split Pea &amp; Ham Soup</p> <p>12:45 Exercise (SR), Who Am I? (LF), Toss Up Dice (AR)</p> <p>1:30 Charades (LD), Mind Benders w/Lori (DR), It's All Greek to Me (MR)</p> <p>2:15 Streaming Videos (CL), Skee Ball (SR), A to Z Categories (LS)</p> <p>3:00 Table Games</p>	<p><b>26</b></p> <p>9:30 Exercise (SR), Today's History &amp; News (CL), Paper Hopscotch (LD)</p> <p>10:15 Piggy Bankers w/Julie (CL), Unconventional Housing (LF), Junk Drawer Detective (AR)</p> <p>11:00 Prayer Circle w/Kendra (MR), Axe Throwing (SR), IN2L: What Did It Cost? (CL)</p> <p>11:45 Lunch: Salisbury Steak &amp; Mashed Potatoes w/Gravy</p> <p>12:45 Exercise (SR), Hymn Sing w/ Abby (MR)</p> <p>1:30 PRIZE BINGO (DR), Dogs: Man's Best Friend (LF)</p> <p>2:15 Streaming Videos (CL), Corn Hole (SR), Lingo (LS)</p> <p>3:00 Table Games</p>	<p><b>27</b></p> <p>9:30 Exercise (SR), Today's History &amp; News (CL), Aggravation (AR)</p> <p>10:15 Word Challenge w/Julie (DR), Country Music Icons (LF), Toss Up Dice (MR)</p> <p>11:00 IN2L: Trivia Games (CL), Hat Toss (SR), Chicken Soup for the Soul (LS)</p> <p>11:45 Lunch: Citrus Salmon &amp; Rice</p> <p>12:45 Exercise (SR), Art w/Sandie (AR), Uno (LD)</p> <p>1:30 Art w/Sandie (AR), Karaoke w/Julie (CL), Pets of the Whitehouse (LF)</p> <p>2:15 Streaming Videos (CL), Balloon Swat (SR), Chat Pack (LS)</p> <p>3:00 Table Games</p>	<p><b>28</b></p> <p>9:30 Exercise (SR), Today's History &amp; News (CL), Shake Loose a Memory (LS)</p> <p>10:15 Food History (LF), Rounding the Bases (DR), Concentration (SR)</p> <p>11:00 Music w/the Beukemas (AR/MR), Easter Bunny Toss (SR)</p> <p>11:45 Lunch: Pizza &amp; Salad</p> <p>12:45 Exercise (SR), Learning w/Liz (MR), Yarn Club w/Susan (LS)</p> <p>1:30 Secrets of the Last Supper (LF), Pass the Pigs (AR), Classic Family Feud (DR)</p> <p>2:15 Streaming Videos (CL), Easter Egg Bocce (SR), What's in the Bag? (MR)</p> <p>3:00 Table Games</p>	<p><b>29</b></p> <p>9:30 Exercise (SR), Today's History &amp; News (CL), Pampering &amp; Nail Care w/Laura (AR)</p> <p>10:15 Wordle w/Julie (DR), Coca-Cola Day (LF), Adverteasing Jr. (MR)</p> <p>11:00 Funny Sayings (LS), Coca-Cola Can Bowling (SR), Soda Pop Trivia (CL)</p> <p>11:45 Lunch: Meatloaf &amp; Mashed Potatoes</p> <p>12:45 Exercise (SR), Pokeno (LD), Memory Madness Cards (MR)</p> <p>1:30 BINGO (DR), How It's Made (LF)</p> <p>2:15 Streaming Videos (CL), Soda Can Ring Toss (SR), Pirinola (MR)</p> <p>3:00 Table Games</p>	



55 W. 16th St  
Holland, MI 49423  
616-355-5130

The Day Center  
of Evergreen Commons

Hours of Operation:  
Monday-Friday  
8:00am-4:00pm



# March 2024 The Day Center

Monday	Tuesday	Wednesday	Thursday	Friday
				
<p>4</p> <p>Salad Chicken Cavatappi Garlic Bread Lima Beans Applesauce</p>	<p>5</p> <p>Pasta Salad Homemade Chili Crackers Wax Beans Tropical Fruit</p>	<p>6</p> <p>Cottage Cheese Garlic &amp; Herb Tilapia Parsley Noodles Corn Peaches</p>	<p>7</p> <p>Salad BBQ Meatballs Rice Green Beans Tropical Fruit</p>	<p>1</p> <p>Salad Sliced Ham Sweet Potatoes Peas Pears</p>
<p>11</p> <p>Salad Spaghetti &amp; Meat Sauce Garlic Bread Carrots Fruited Jell-O</p>	<p>12</p> <p>Cottage Cheese Scalloped Ham &amp; Potatoes Mixed Vegetables Fruit Cobbler</p>	<p>13</p> <p>Salad Swedish Meatballs Egg Noodles Spinach Pineapple Tidbits</p>	<p>14</p> <p>3 Bean Salad Chicken &amp; Gravy Rice Zucchini Diced Peaches</p>	<p>15</p> <p>Cheese &amp; Crackers Breaded Fish Baked Potato Coleslaw Spiced Apples</p>
<p>18</p> <p>Mandarin Oranges Stuffed Chicken Rice Carrots Pudding</p>	<p>19</p> <p>Salad Macaroni &amp; Cheese Asparagus Beets Diced Pears</p>	<p>20</p> <p>Cranberry Sauce Sliced Turkey &amp; Gravy Cornbread Stuffing Green Beans Fig Newton</p>	<p>21</p> <p>Salad BBQ Chicken Red Roasted Potatoes Carrots Applesauce</p>	<p>22</p> <p>Cottage Cheese Walking Taco Mexican Rice Corn w/Peppers Diced Peaches</p>
<p>25</p> <p>Potato Salad Split Pea &amp; Ham Soup Cauliflower Corn Ambrosia</p>	<p>26</p> <p>Fruit Cocktail Salisbury Steak &amp; Gravy Mashed Potatoes Peas Eclairs</p>	<p>27</p> <p>Cottage Cheese Citrus Salmon Rice Lima Beans Mandarin Oranges</p>	<p>28</p> <p>Applesauce Pizza Salad Jell-O</p>	<p>29</p> <p>Salad Old Fashioned Meatloaf Mashed Potatoes Peas Peaches</p>

Sandwich Options: Peanut Butter or Chicken Salad