



Mon

Tue

Wed

Thu

Fri

It was great having Rebekah back to lead us in a fun sing-along!



1
9:30 Exercise (SR), Today's History & News (CL), Chat Pack (LS)
10:15 Piggy Bankers w/Julie (CL), Water Color Flowers (AR), Uno (LD)
11:00 May Day Around the World (MR), On the Farm (LS), Flower Toss (SR)
11:45 Lunch: Sloppy Joe
12:45 Exercise (SR), Flower Concentration (LS), Tover Tafel Fun (DR)
1:30 Sing Along w/Karen H (MR), How It's Made: Spring Time (LF)
2:15 Streaming Videos (CL), May Day Puzzles (LD), Axe Throwing (SR)
3:00 Table Games

2
9:30 Exercise (SR), Today's History & News (CL), Spring Word Mining (LS)
10:15 Name 10 (DR), Good House-keeping! (LF), Pass the Pigs (MR)
11:00 Word Puzzles & Coloring w/ Liz (AR), Dust Swat (SR), Password (LS)
11:45 Lunch: Oven Fried Fish & Baked Potato
12:45 Exercise (SR), Hymn Sing w/ Abby (MR)
1:30 Dominoes (DR), Food History: Truffles (LF), Magazine Scavenger Hunt (AR)
2:15 Streaming Videos (CL), Rhyme or Reason (LS), Mini Golf (SR)
3:00 Table Games

3
9:30 Exercise (SR), Today's History & News (CL), Rounding the Bases (LD)
10:15 For Get It Dice (DR), Word Challenge w/Julie (SR), Joe DiMaggio (LF)
11:00 Music w/Marv (AR/MR), Baseball Skee Ball (SR)
11:45 Lunch: Spaghetti & Meat Sauce w/Garlic Bread
12:45 Exercise (SR), IN2L: Sports Trivia (CL), Tenzie Dice (LD)
1:30 PRIZE BINGO (AR/MR), How It's Made: Baseball Edition (LF)
2:15 Streaming Videos (CL), What Would You Do? (LS), Tennis Ball Targets (SR)
3:00 Table Games

6
9:30 Exercise (SR), Today's History & News (CL), Food For Thought (LS)
10:15 Mind Benders w/Lori (DR), Unsolved Mysteries (LF), TRASH Card Game (AR)
11:00 Bocce Ball (SR), IN2L: National Parks (CL), Trivia Time (LS)
11:45 Lunch: Chicken Bowtie Pasta
12:45 Exercise (SR), Tovertafel (DR), ASTER Categories (MR)
1:30 Pictionary (DR), Boston Bound Dice (AR), What If.. You Won the Lottery? (LF)
2:15 Streaming Videos (CL), Corn Hole (SR), Shake Awake Your Taste (LS)
3:00 Table Games

7
9:30 Exercise (SR), Today's History & News (CL), Knock Out Dice (LD)
10:15 Music w/Bruce S (MR), Things Gone, but Not Forgotten (LF)
11:00 Music w/Bruce S (MR), Axe Throwing (SR)
11:45 Lunch: Macaroni & Cheese
12:45 Exercise (SR), IN2L: Family Feud (CL), Bible Study w/Abby (AR)
1:30 Book Club w/Julie (LS), The # Game (DR), Road Trip Reminiscing & Trivia (MR)
2:15 Streaming Videos (CL), Golf Putting (SR), Let's Talk: Moms (LS)
3:00 Table Games

8
9:30 Exercise (SR), Today's History & News (CL), Pampering & Nail Care w/Laura (AR)
10:15 Six Card Bingo (MR), Karaoke (CL), The Purple Heart (LF)
11:00 Can You Picture This? (LS), Ladder Ball (SR), IN2L: Veterans (CL)
11:45 Lunch: BBQ Chicken & Red Roasted Potatoes
12:45 Exercise (SR), VE Day & WWII (LF), LRC (MR)
1:30 PRIZE BINGO (AR/MR), Can You List This? (DR)
2:15 Streaming Videos (CL), Balloon Swat (SR), Remembering the Good Old Days (LS)
3:00 Table Games

9
9:30 Exercise (SR), Today's History & News (CL), 20 Questions (LS)
10:15 3's Low Dice (AR), Tulip Time History (LF), Word Mining (DR)
11:00 Pop, Country & Classic Rock (MR), Dutch Shuffleboard (SR), Tulip Coloring (LS)
11:45 Lunch: Meatloaf & Mashed Potatoes w/Gravy
12:45 Exercise (SR), Yarn Club w/ Susan (LS), Dutch Dancing (MR)
1:30 BINGO (DR), Sharpen Your Senses (AR)
2:15 Streaming Videos (CL), Don't Say It (LS), Tossing Tulips (SR)
3:00 Table Games

10
9:30 Exercise (SR), Today's History & News (CL), Go Fish Cards (LD)
10:15 Bible Study w/Carol (AR), Wordle w/Julie (DR), Mother Ocean Day (LF)
11:00 Toss Up Dice (MR), Fishing Pond (SR), Game of THINGS (LS)
11:45 Lunch: Walking Taco
12:45 Exercise (SR), Art w/Sandie (AR), Scrabble (LD)
1:30 Art w/Sandie (AR), History of Hymns w/Julie (LF), TED Talk (CL)
2:15 Streaming Videos (CL), Call Out the Answer (LS), Frog Toss (SR)
3:00 Table Games

13
9:30 Exercise (SR), Today's History & News (CL), Junk Drawer Detective (AR)
10:15 Marvelous Mason Jars (LF), Jeopardy Trivia (DR), I Hear Memories (MR)
11:00 Bell Choir w/Abby (AR), Famous Buildings (CL), Mason Jar Toss (SR)
11:45 Lunch: Polish Sausage on a Bun
12:45 Exercise (SR), Hymn Sing w/ Abby (MR)
1:30 Travel Taiwan (LF), Mason Jar Art (AR), Empire State Elevator (DR)
2:15 Streaming Videos (CL), Name 5 (LS), Sky Scraper Ring Toss (SR)
3:00 Table Games

14
9:30 Exercise (SR), Today's History & News (CL), Prayer Circle w/ Kendra (MR)
10:15 Art w/Sandie (AR), Book Club w/Julie (LS), Read My List (DR)
11:00 Art w/Sandie (AR), Let's Travel! (CL), Earth Skee Ball (SR)
11:45 Lunch: Citrus Salmon & Rice
12:45 Exercise (SR), Music w/Judy T (MR)
1:30 PRIZE BINGO (DR), Google This (LF)
2:15 Streaming Videos (CL), Corn Hole (SR), Paper Hopscotch (AR)
3:00 Table Games

15
9:30 Exercise (SR), Today's History & News (CL), LRC (MR)
10:15 Outburst Jr (DR), Let's Eat: Sandwiches (LF), Farkle (AR)
11:00 Junior Trivia (LS), Name That Tune (CL), Bocce Ball (SR)
11:45 Lunch: Hamburger & Red Skin Potatoes
12:45 Exercise (SR), IN2L: Animal Kingdom (CL), Password (LS)
1:30 Music w/Gloria VH (MR), The Empires of Mexico (LF)
2:15 Streaming Videos (CL), Golf Putting (SR), Rhyme Out (LS)
3:00 Table Games

16
9:30 Exercise (SR), Today's History & News (CL), Pampering & Nail Care w/Laura (LS)
10:15 Life Stories Question Cards (SR), What Am I? (LF), Uno (DR)
11:00 Music w/the Eaddies (AR/MR), Horseshoes (SR)
11:45 Lunch: Sweet & Sour Meatballs w/Rice
12:45 Exercise (SR), Learning w/Liz (LF), Horse Races (AR)
1:30 Food History: BBQ (LF), Funny Sayings (DR), HORSE Categories (MR)
2:15 Streaming Videos (CL), Horse Basketball (SR), Let's Talk (LS)
3:00 Table Games

17
9:30 Exercise (SR), Today's History & News (CL), Guess the Animal (LS)
10:15 Bible Study w/Carol (AR), Word Challenge w/Julie (DR), National Geographic (LF)
11:00 Gaither Music Videos (MR), Angry Bird Toss (SR), Table Yahtzee (LS)
11:45 Lunch: Salisbury Steak & Mashed Potatoes w/Gravy
12:45 Exercise (SR), Painting Flower Pots w/Teresa (AR), IN2L: Animal Trivia (CL)
1:30 BINGO (DR), Coloring & Puzzles (LD)
2:15 Streaming Videos (CL), Shake Up the Relatives (LS), Bean Bag Bird House (SR)
3:00 Table Games

20
9:30 Today's History & News (CL), Music in Me w/Rebekah (AR/MR), Fifty Dice Game (LD)
10:15 Exercise (SR), Mind Benders w/Lori (DR), Fin-tastic Sharks (LF)
11:00 Music w/Marv L (AR/MR), Balloon Swat (SR)
11:45 Lunch: Stuffed Chicken & Rice
12:45 Exercise (SR), Six Card Bingo (AR), IN2L: Crossword Puzzles (CL)
1:30 PRIZE BINGO (DR), Creating a Monster (LF)
2:15 Streaming Videos (CL), Velcro Ball Target (SR), Taboo (LS)
3:00 Table Games

21
9:30 Exercise (SR), Today's History & News (CL), Sequence (AR)
10:15 Music w/the Noteblenders (AR/MR), Bermuda Beckons (LF)
11:00 Bocce Ball (SR), Class-words (LS), IN2L: Classic TV (CL)
11:45 Lunch: Bourbon Chicken & Rice
12:45 Exercise (SR), Bible Study w/Abby (AR), Group Points (CL)
1:30 Book Club w/Julie (LS), LRC (MR), Pictionary (DR)
2:15 Streaming Videos (CL), Lawn Darts (SR), Rhyme Out (LS)
3:00 Table Games

22
9:30 Exercise (SR), Today's History & News (CL), Rounding the Bases (MR)
10:15 Kites & Candy (AR), History of Hymns w/Julie (LF), Tovertafel (DR)
11:00 Are You Smarter...? (LS), Beach Ball Kick (SR), IN2L: Farm & Garden (CL)
11:45 Lunch: Pork Chops & Mashed Potatoes w/Gravy
12:45 Exercise (SR), Art w/Sandie (AR), Uno (LD)
1:30 Art w/Sandie (AR), Word Challenge w/Julie (DR), Let's Eat: Chocolate (LF)
2:15 Streaming Videos (CL), Dutch Shuffleboard (SR), Dominoes (MR)
3:00 Table Games

23
9:30 Exercise (SR), Today's History & News (CL), Boat Races (LD)
10:15 Healthy Heart Nutrition w/ Kelci (LF), TRASH Cards (DR), Turtle Art (AR)
11:00 Pop, Country & Classic Rock (CL), Ladder Ball (SR), Farkle (MR)
11:45 Lunch: BBQ Chicken & Baked Potato
12:45 Exercise (SR), Yarn Club w/ Susan (LS), World Turtle Day (CL)
1:30 BINGO (AR/MR), Bizarre Facts Quiz (DR)
2:15 Streaming Videos (CL), Turtle Toss (SR), Oodles (LS)
3:00 Table Games

24
9:30 Exercise (SR), Today's History & News (CL), Rummikub (MR)
10:15 Piggy Bankers w/Julie (CL), Pampering & Nail Care w/Laura (AR), Rick Steves Travel (LF)
11:00 IN2L: New Trivia (CL), Corn Hole (SR), Why is the Barn Red? (LS)
11:45 Lunch: Hotdog
12:45 Exercise (SR), Food, Facts & Fun (MR), IN2L: Bubble Burst (CL)
1:30 Karaoke w/Julie (CL), Number Game (LD), Can You List This? (AR)
2:15 Streaming Videos (CL), Football Toss (SR), One Minute Mysteries (MR)
3:00 Table Games

27

CLOSED

MEMORIAL DAY
REMEMBER AND HONOR

28
9:30 Exercise (SR), Today's History & News (CL), Prayer Circle w/Kendra (MR)
10:15 Art w/Sandie (AR), Book Club w/Julie (LS), Military Word Mining (DR)
11:00 Art w/Sandie (AR), Ping Pong Bounce (SR), IN2L: Piggy Bankers (CL)
11:45 Lunch: Hamburger & Baked Beans
12:45 Exercise (SR), Gaither Music Videos (MR), Rummy (LD)
1:30 BINGO (DR), Weird Michigan (LF)
2:15 Streaming Videos (CL), Dutch Shuffleboard (SR), Tri-Bond (LS)
3:00 Table Games

29
9:30 Exercise (SR), Today's History & News (CL), Pampering & Nail Care w/Laura (LS)
10:15 Stuck in the Mud Dice (DR), The History of Drive-Ins (LF), One Minute Mysteries (SR)
11:00 Music w/the Beukemas (AR/MR), Toss N' Talk (SR)
11:45 Lunch: Chicken & Gravy w/ Rice
12:45 Exercise (SR), IN2L: What Did It Cost? (CL), DRIVE Categories (LS)
1:30 PRIZE BINGO (DR), Rick Steves Travel (MR)
2:15 Streaming Videos (CL), Tovertafel (DR), Hula Hoop Dice (SR)
3:00 Table Games

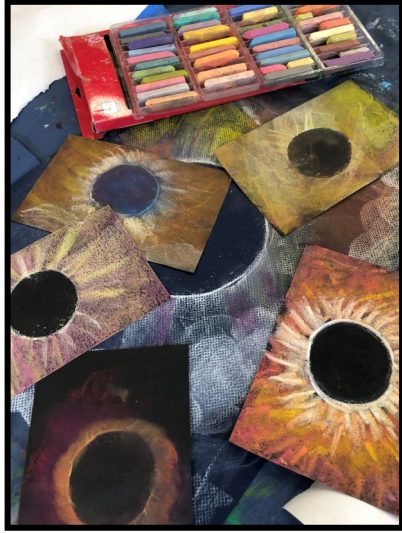
30
9:30 Exercise (SR), Today's History & News (CL), Gladiator Races (AR)
10:15 Brain Quest Trivia (DR), Travel Rome (LF), Picture Apples to Apples (AR)
11:00 IN2L: National Parks (CL), Who Am I? (MR), Axe Throwing (SR)
11:45 Lunch: Sliced Ham & Sweet Potatoes
12:45 Exercise (SR), Hymn Sing w/ Abby (MR)
1:30 Food History: Olives (LF), Toss Up Dice (AR), ROME Categories (DR)
2:15 Streaming Videos (CL), Olive Swat (SR), Getting to Know You (LS)
3:00 Table Games

31
9:30 Exercise (SR), Today's History & News (CL), Junk Drawer Detective (AR)
10:15 Word Challenge w/Julie (DR), Travelogue: Pacific Northwest (LF), Bunco Dice (MR)
11:00 Planting Flower Pots w/Teresa (AR), Lawn Darts (SR), IN2L: Study an Artist (CL)
11:45 Lunch: Chicken Salad Croissant
12:45 Exercise (SR), IN2L: Family Feud (CL), Remembering the Good Old Days (LS)
1:30 Uno (DR), Brain Drain (AR), Gilligan's Island (LF)
2:15 Streaming Videos (CL), Basketball Toss (SR), What Comes Next? (AR)
3:00 Table Games

May 2024



The Day Center Press



Beltone Hearing Clinic
Monday, July 15th
from 1-2:30 p.m.



The Solar Eclipse of 2024



Hours of Operation:
Monday-Friday
8:00am-4:00pm



The Day Center
of Evergreen Commons

55 W. 16th St
Holland, MI 49423
616-355-5130

Monday	Tuesday	Wednesday	Thursday	Friday
<p>AgeWell Menu for The Day Center</p>		<p>Potato Salad Sloppy Joe Sandwich Wax Beans Tropical Fruit</p>	<p>Cheese & Crackers Oven Fried Fish Baked Potato Coleslaw Spiced Apples</p>	<p>Salad Spaghetti & Meat Sauce Garlic Bread Carrots Fruited Jell-O</p>
<p>Salad Chicken Bowtie Pasta Carrot Raisin Salad Fruit Cocktail Sweet Bread</p>	<p>Cottage Cheese Macaroni & Cheese Asparagus Beets Fruit Crisp</p>	<p>Mandarin Oranges BBQ Chicken Red Roasted Potatoes Carrots Lemon Cookie</p>	<p>Salad Meatloaf & Gravy Mashed Potatoes California Blend Vegetables Peaches</p>	<p>Applesauce Walking Taco Mexican Rice Corn w/Peppers Jell-O</p>
<p>Pasta Salad Polish Sausage on a Bun Sauerkraut Asparagus Applesauce</p>	<p>Mandarin Oranges Citrus Salmon Rice Green Beans Pudding</p>	<p>Salad Hamburger Red Skin Potatoes Broccoli Pears</p>	<p>Cottage Cheese Sweet & Sour Meatballs Rice Asparagus Ambrosia</p>	<p>Salad Salisbury Steak Mashed Potatoes w/Gravy Peas Fruit Cocktail</p>
<p>Fruit Cocktail Stuffed Chicken Rice Corn Lemon Cookie</p>	<p>Salad Bourbon Chicken Rice Squash Fruit Crisp</p>	<p>Cottage Cheese Pork Chops & Gravy Mashed Potatoes Corn Peaches</p>	<p>Salad BBQ Chicken Baked Potato Carrots Fruited Jell-O</p>	<p>Cheese & Crackers Hotdog Peas Cauliflower Diced Pears</p>
<p>CLOSED For Memorial Day</p>	<p>3 Bean Salad Hamburger Baked Beans Broccoli Fruit Cocktail</p>	<p>Salad Chicken & Gravy Rice Asparagus Peaches</p>	<p>Salad Sliced Ham Sweet Potatoes Peas Pineapple Tidbits</p>	<p>Cottage Cheese Chicken Salad Croissant Coleslaw Mandarin Oranges</p>

Sandwich Options: Peanut Butter or Chicken Salad